

**2019 USA Gymnastics Championships  
ACRO SCHEDULE**

Subject to Change  
Updated 6/28/2019

<b>Monday, July 01, 2019</b>			
9:00 AM	8:00 PM	Registration Office Open	Hy-Vee Hall B (Registration)
12:00 PM	3:00 PM	Acro Judges Tariff Sheet Review	Meeting Room 317
3:00 PM	5:00 PM	Acro Mandatory Judges Meeting	Meeting Room 317
3:30 PM	7:30 PM	Hy-Vee Hall Credential Entrance Open - <b>Access Code F</b>	Hy-Vee Hall B (Credential Entrance)
4:00 PM	7:00 PM	Level 8 Open Training	Hy-Vee Hall B
6:00 PM	7:30 PM	Acro Tariff Sheet Review with Coaches	Meeting Room 317
8:00 PM	8:30 PM	<b>Coaches Orientation Meeting (MANDATORY)</b>	Meeting Room 303-307
8:30 PM	9:00 PM	Acro Break Out Coaches Meeting	Meeting Room 302
<b>Tuesday, July 02, 2019</b>			
7:30 AM	7:00 PM	Registration Office Open	Hy-Vee Hall B (Registration)
7:45 AM	12:15 PM	Hy-Vee Hall Credential Entrance Open - <b>Access Code G</b>	Hy-Vee Hall B (Credential Entrance)
9:00 AM	11:00 AM	Acro Sizing (Level 7, 8, 9 , 10 & 11-16 Athletes)	Hy-Vee Hall B (Registration)
9:00 AM	12:00 PM	Level 9 & 10 Open Training	
12:15 PM	4:30 PM	Hy-Vee Hall Credential Entrance Open - <b>Access Code H</b>	Hy-Vee Hall B (Credential Entrance)
12:30 PM	6:30 PM	Arena Credential Entrance Open - <b>Access Code C</b>	Arena (Credential Entrance)
12:30 PM	8:30 PM	Acro Audience Doors Open	Hy-Vee Hall B
12:30 PM	1:15 PM	Session A Judges Meeting	Meeting Room 317
12:45 PM	4:00 PM	Session A Warm-up	
12:45 PM	6:00 PM	Acro Elite Assigned Training	Wells Fargo Arena
<b>1:30 PM</b>	<b>4:00 PM</b>	<b>Session A</b> Level 8 (MP, MX, WP-Dynamic)	
4:45 PM	8:30 PM	Hy-Vee Hall Credential Entrance Open - <b>Access Code I</b>	Hy-Vee Hall B (Credential Entrance)
5:00 PM	5:45 PM	Session B Judges Meeting	Meeting Room 317
5:15 PM	8:30 PM	Session B Warm-up	
<b>6:00 PM</b>	<b>8:30 PM</b>	<b>Session B</b> Level 8 (WG-Balance)	
<b>Wednesday, July 03, 2019</b>			
7:30 AM	7:00 PM	Registration Office Open	Hy-Vee Hall B (Registration)
7:45 AM	12:00 PM	Hy-Vee Hall Credential Entrance Open - <b>Access Code J</b>	Hy-Vee Hall B (Credential Entrance)
8:00 AM	9:00 PM	Acro Audience Doors Open	Hy-Vee Hall B
8:00 AM	8:45 AM	Session C Judges Meeting	Meeting Room 317
8:15 AM	11:30 AM	Session C Warm-up	
8:30 AM	8:00 PM	Arena Credential Entrance Open - <b>Access Code C</b>	Arena (Credential Entrance)
8:45 AM	2:00 PM	Acro Elite Assigned Training	Wells Fargo Arena
<b>9:00 AM</b>	<b>11:30 AM</b>	<b>Session C</b> Level 9 & 10 (Groups Balance, Pairs Dynamic)	
12:15 PM	4:30 PM	Hy-Vee Hall Credential Entrance Open - <b>Access Code K</b>	Hy-Vee Hall B (Credential Entrance)
12:30 PM	2:30 PM	Acro Sizing (Junior and Senior Level Athletes)	Wells Fargo Arena
12:30 PM	1:15 PM	Session D Judges Meeting	Meeting Room 317
12:45 PM	4:30 PM	Session D Warm-up	
<b>1:30 PM</b>	<b>4:00 PM</b>	<b>Session D</b> Level 8 (WP,MP,MX-Balance)	
4:35 PM	9:10 PM	Hy-Vee Hall Credential Entrance Open - <b>Access Code L</b>	Hy-Vee Hall B (Credential Entrance)
4:45 PM	5:00 PM	Session D Awards	Meeting Room 303-307
5:00 PM	5:45 PM	Session E Judges Meeting	Meeting Room 317
5:15 PM	9:00 PM	Session E Warm-up	
<b>6:00 PM</b>	<b>8:30 PM</b>	<b>Session E</b> Level 8 (WP-Dynamic)	
8:45 PM	9:00 PM	Session E Awards	Meeting Room 303-307

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<b>Thursday, July 04, 2019</b>			
7:30 AM	5:30 PM	Registration Office Open	Hy-Vee Hall B (Registration)
7:45 AM	12:00 PM	Hy-Vee Hall Credential Entrance Open - <b>Access Code M</b>	Hy-Vee Hall B (Credential Entrance)
8:00 AM	4:45 PM	Acro Audience Doors Open	Hy-Vee Hall B
8:00 AM	8:45 AM	Session F Judges Meeting	Meeting Room 317
8:15 AM	11:30 AM	Session F Warm-up	
8:45 AM	12:00 PM	Arena Credential Entrance Open - <b>Access Code C</b>	Arena (Credential Entrance)
9:00 AM	12:00 PM	Athlete Wellness Parent & Coach Educational Seminar	Grand Ballroom
9:00 AM	10:30 AM	Acro 11-16 Open Training	Wells Fargo Arena
<b>9:00 AM</b>	<b>11:00 AM</b>	<b>Session F</b> Level 9 & 10 (Groups Dynamic, Pairs Balance)	
10:00 AM	12:00 PM	Acro Elite Group Routine Rehearsal	Wells Fargo Arena
11:15 AM	11:30 AM	Session F Awards	Meeting Room 303-307
12:05 PM	4:30 PM	Hy-Vee Hall Credential Entrance Open - <b>Access Code N</b>	Hy-Vee Hall B (Credential Entrance)
12:30 PM	12:45 PM	Session G Judges Meeting	Meeting Room 317
12:45 PM	2:15 PM	Session G Warm-up	
<b>1:30 PM</b>	<b>4:15 PM</b>	<b>Session G</b> 11-16 (Groups Balance, Pairs Dynamic) 12-18 (Groups Balance, Pairs Dynamic)	
4:15 PM	9:15 PM	Arena Credential Entrance Open - <b>Access Code A</b>	Arena (Credential Entrance)
5:00 PM	9:00 PM	Acro Elite Warm-up Floor Open	Wells Fargo Arena
5:00 PM	5:45 PM	Acro Judges Meetings	Meeting Room 317
5:15 PM	8:45 PM	Wells Fargo Arena Audience Doors Open	Wells Fargo Arena
<b>6:00 PM</b>	<b>8:40 PM</b>	<b>Senior Elite Combined Session</b> Acro Session H - 13-19 & Sr. Elite (Groups - Balance, Pairs - Dynamic) Rhythmic - Sr. Groups (5 Balls) Rhythmic - Sr. AA Prelims and Event Finals (Hoop & Ball) 10 Athletes T&T Session 9 - Sr. Elite DM/TU/TR Prelims	
<b>Friday, July 05, 2019</b>			
7:30 AM	5:30 PM	Registration Office Open	Hy-Vee Hall B (Registration)
7:35 AM	12:00 PM	Hy-Vee Hall Credential Entrance Open - <b>Access Code O</b>	Hy-Vee Hall B (Credential Entrance)
8:00 AM	8:45 AM	Acro Sizing (Level 7 Athletes)	Hy-Vee Hall B (Registration)
8:00 AM	4:30 PM	Acro Audience Doors Open	Hy-Vee Hall B
8:00 AM	8:45 AM	Session I Judges Meeting	Meeting Room 317
8:15 AM	12:15 PM	Session I Warm-up	
<b>9:00 AM</b>	<b>11:30 AM</b>	<b>Session I</b> Level 7 (WP)	
10:00 AM	12:00 PM	Acro Elite Group Routine Rehearsal	Wells Fargo Arena
11:45 AM	12:00 PM	Session I Awards	Meeting Room 303-307
12:15 PM	4:30 PM	Hy-Vee Hall Credential Entrance Open - <b>Access Code P</b>	Hy-Vee Hall B (Credential Entrance)
12:30 PM	1:15 PM	Session J Judges Meeting	Meeting Room 317
12:45 PM	4:15 PM	Session J Warm-up	
<b>1:30 PM</b>	<b>4:15 PM</b>	<b>Session J</b> 11-16, 12-18 (Groups Dynamic, Pairs Balance)	
4:15 PM	9:15 PM	Arena Credential Entrance Open - <b>Access Code A</b>	Arena (Credential Entrance)
4:30 PM	4:45 PM	Session J Awards	Meeting Room 303-307
5:00 PM	9:30 PM	Acro Elite Warm-up Floor Open	Wells Fargo Arena
5:00 PM	5:45 PM	Acro Judges Meetings	Meeting Room 317
5:15 PM	8:45 PM	Wells Fargo Arena Audience Doors Open	Wells Fargo Arena
<b>6:00 PM</b>	<b>8:45 PM</b>	<b>Senior Elite Combined Session</b> Acro Session K - 13-19 & Sr. Elite (Groups - Dynamic, Pairs - Balance) Rhythmic - Sr. Group (3 Ropes, 2 Balls) Rhythmic - Sr. AA Prelims & Event Finals (Clubs & Ribbon) - 10 athletes T&T Session 12 - Sr. Elite DM/TU/TR Prelim Rhythmic - Event Finals Awards	
9:30 PM	11:00 PM	Acro Selection Committee Meeting	Marriott Hotel - Waterloo

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<b>Saturday, July 06, 2019</b>			
7:30 AM	5:30 PM	Registration Office Open	Hy-Vee Hall B (Registration)
7:45 AM	12:00 PM	Hy-Vee Hall Credential Entrance Open - <b>Access Code Q</b>	Hy-Vee Hall B (Credential Entrance)
8:00 AM	4:30 PM	Acro Audience Doors Open	Hy-Vee Hall B
8:00 AM	8:45 AM	Session L Judges Meeting	Meeting Room 317
8:15 AM	12:15 PM	Session L Warm-up	
<b>9:00 AM</b>	<b>11:30 AM</b>	<b>Session L</b> Level 7 (MP,MX,WG,MG)	
9:45 AM	12:15 PM	Arena Credential Entrance Open - <b>Access Code A</b>	Arena (Credential Entrance)
10:00 AM	12:00 PM	Acro Elite Group Routine Rehearsal	Wells Fargo Arena
11:45 AM	12:00 PM	Session L Awards	Meeting Room 303-307
12:30 PM	1:15 PM	Session M Judges Meeting	Meeting Room 317
12:45 PM	3:30 PM	Session M Warm-up	
<b>1:30 PM</b>	<b>2:30 PM</b>	<b>Session M</b> 12-18 (Combined)	
2:45 PM	3:00 PM	Session M Awards	Meeting Room 303-307
4:15 PM	9:15 PM	Arena Credential Entrance Open - <b>Access Code A</b>	Arena (Credential Entrance)
5:00 PM	9:00 PM	Acro Elite Warm-up Floor Open	Wells Fargo Arena
5:00 PM	5:45 PM	Acro Judges Meetings	Meeting Room 317
5:15 PM	9:30 PM	Wells Fargo Arena Audience Doors Open	Wells Fargo Arena
<b>6:00 PM</b>	<b>9:30 PM</b>	<b>Senior Elite Combined Session</b> Acro Session N - 13-19 & Sr. Elite (Combined) Rhythmic - Sr. Group (3 Ropes, 2 Balls) Rhythmic - Sr. Elite AA Finals (Clubs & Ribbon) T&T Session 16 - Sr. Elite TR, TU, DM Finals Awards Ceremony	
9:30 PM	12:00 AM	#iheartACRO Bash	Hilton Hotel - Cloud Ballroom
9:30 PM	12:00 AM	Acro Selection Committee Meeting	Marriott Hotel - Waterloo
<b>Sunday, July 07, 2019</b>			
8:00 AM	10:00 AM	Acro National Team Meeting	Meeting Room 307-308
10:00 AM	11:30 AM	Acro Technical Committee Meeting	Marriott Hotel - Waterloo
11:30 AM	1:00 PM	Acro JO Committee Meeting	Marriott Hotel - Waterloo
1:15 PM	2:30 PM	Acro Growth and Development Meeting	Marriott Hotel - Waterloo
2:30 PM	4:00 PM	Acro Elite Committee Meeting	Marriott Hotel - Waterloo