

**2019 USA Gymnastics Championships
RHYTHMIC SCHEDULE**

Subject to Change
Updated 6/28/2019

| Monday, July 01, 2019 | | | |
|-------------------------------|-----------------|---|--------------------------------|
| 9:00 AM | 8:00 PM | Registration Office Open | Hy-Vee Hall B (Registration) |
| 8:00 PM | 8:30 PM | Coaches Orientation Meeting (MANDATORY) | Meeting Room 303-307 |
| 8:30 PM | 9:00 PM | Rhythmic Break Out Coaches Meeting | Meeting Room 319-320 |
| Tuesday, July 02, 2019 | | | |
| 7:30 AM | 7:00 PM | Registration Office Open | Hy-Vee Hall B (Registration) |
| 7:45 AM | 12:15 PM | Ballroom Credential Entrance Open - Access Code G | Ballroom (Credential Entrance) |
| 8:00 AM | 9:00 PM | Rhythmic Audience Doors Open | Grand Ballroom |
| 8:00 AM | 10:00 AM | Level 9 Hopes & Jr. B Sub 1 Warm-up Carpet Open | |
| 8:30 AM | 8:45 AM | Rhythmic Judges Meeting | Meeting Room 316 |
| 9:00 AM | 12:00 PM | Level 9 Hopes & Jr. Group B (2004-2005) (Rope & Ball) 9:00am - Level 9 Hopes & Junior B Sub Group 1 10:00am - Level 9 Junior B Sub Group 2 11:00am - Level 9 Junior B Sub Group 3 | |
| 9:00 AM | 11:00 AM | Level 9 Jr. B Sub 2 Warm-up Carpet Open | |
| 10:00 AM | 12:00 PM | Level 9 Jr. B Sub 3 Warm-up Carpet Open | |
| 12:15 PM | 4:30 PM | Ballroom Credential Entrance Open - Access Code H | Ballroom (Credential Entrance) |
| 12:30 PM | 1:15 PM | Rhythmic Judges Meeting | Meeting Room 316 |
| 12:30 PM | 2:30 PM | Level 9 Jr. A Sub 1 Warm-up Carpet Open | |
| 1:30 PM | 4:45 PM | Level 9 Jr. Group A (2006) & Sr. (JR - Rope & Ball, SR - Hoop & Ball) 1:30pm - Level 9 Junior A Sub Group 1 2:30pm - Level 9 Junior A Sub Group 2 3:30pm - Level 9 Senior | |
| 1:30 PM | 3:30 PM | Level 9 Jr. A Sub 2 Warm-up Carpet Open | |
| 2:30 PM | 4:45 PM | Level 9 Sr. Warm-up Carpet Open | |
| 4:45 PM | 8:30 PM | Ballroom Credential Entrance Open - Access Code I | Ballroom (Credential Entrance) |
| 5:00 PM | 5:45 PM | Rhythmic Judges Meeting | Meeting Room 316 |
| 5:00 PM | 7:00 PM | Level 10 Jr. Warm-up Carpet Open | |
| 6:00 PM | 9:00 PM | Level 10 (JR - Rope & Ball, SR - Hoop & Ball) 6:00pm - Level 10 Junior 7:00pm - Level 10 Senior Sub Group 1 8:00pm - Level 10 Senior Sub Group 2 | |
| 6:00 PM | 8:00 PM | Level 10 Sr. Sub 1 Warm-up Carpet Open | |
| 7:00 PM | 9:00 PM | Level 10 Sr. Sub 2 Warm-up Carpet Open | |

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| Wednesday, July 03, 2019 | | | |
|---------------------------------|-----------------|--|--------------------------------|
| 7:30 AM | 7:00 PM | Registration Office Open | Hy-Vee Hall B (Registration) |
| 7:45 AM | 11:45 AM | Ballroom Credential Entrance Open - Access Code J | Ballroom (Credential Entrance) |
| 8:00 AM | 9:10 PM | Rhythmic Audience Doors Open | Grand Ballroom |
| 8:00 AM | 10:00 AM | Level 9 Jr. B Sub 3 Warm-up Carpet Open | |
| 8:30 AM | 8:00 PM | Arena Credential Entrance Open - Access Code C | Arena (Credential Entrance) |
| 8:30 AM | 8:45 AM | Rhythmic Judges Meeting | Meeting Room 316 |
| 9:00 AM | 12:00 PM | Level 9 Hopes & Jr. Group B (2004-2005) (Clubs & Ribbon) 9:00am - Level 9 Junior B Sub Group 3 10:00am - Level 9 Junior B Sub Group 2 11:00am - Level 9 Hopes & Junior B Sub Group 1 | |
| 9:00 AM | 11:00 AM | Level 9 Jr. B Sub 2 Warm-up Carpet Open | |
| 10:00 AM | 12:00 PM | Level 9 Hopes & Jr. B Sub 1 Warm-up Carpet Open | |
| 12:00 PM | 3:30 PM | Rhythmic Apparatus Measuring | Wells Fargo Arena |
| 12:15 PM | 4:30 PM | Ballroom Credential Entrance Open - Access Code K | Ballroom (Credential Entrance) |
| 12:15 PM | 12:30 PM | Level 9 Hopes & Jr. Group B Awards | Meeting Room 303-307 |
| 12:30 PM | 8:00 PM | Rhythmic Elite Assigned Training | Wells Fargo Arena |
| 12:30 PM | 1:15 PM | Rhythmic Judges Meeting | Meeting Room 316 |
| 12:30 PM | 2:30 PM | Level 9 Jr. A Sub 2 Warm-up Carpet Open | |
| 1:30 PM | 4:45 PM | Level 9 Jr. Group A (2006) & Sr. (Clubs & Ribbon) 1:30pm - Level 9 Junior A Sub Group 2 2:30pm - Level 9 Junior A Sub Group 1 3:30pm - Level 9 Senior | |
| 1:30 PM | 3:30 PM | Level 9 Jr. A Sub 1 Warm-up Carpet Open | |
| 2:30 PM | 4:45 PM | Level 9 Sr. Warm-up Carpet Open | |
| 4:45 PM | 9:00 PM | Ballroom Credential Entrance Open - Access Code L | Ballroom (Credential Entrance) |
| 5:00 PM | 5:15 PM | Level 9 Jr. Group B & Sr. Awards | Meeting Room 303-307 |
| 5:00 PM | 5:45 PM | Rhythmic Judges Meeting | Meeting Room 316 |
| 5:00 PM | 7:00 PM | Level 10 Jr. Warm-up Carpet Open | |
| 5:30 PM | 6:30 PM | Rhythmic Apparatus Measuring | Wells Fargo Arena |
| 6:00 PM | 9:00 PM | Level 10 (Clubs & Ribbon) 6:00pm - Level 10 Junior 7:00pm - Level 10 Senior Sub Group 2 8:00pm - Level 10 Senior Sub Group 1 | |
| 6:00 PM | 8:00 PM | Level 10 Sr. Sub 2 Warm-up Carpet Open | |
| 7:00 PM | 9:00 PM | Level 10 Sr. Sub 1 Warm-up Carpet Open | |
| 9:15 PM | 9:30 PM | Level 10 Awards | Meeting Room 303-307 |

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| Thursday, July 04, 2019 | | | |
|--------------------------------|----------------|---|------------------------------|
| 7:30 AM | 5:30 PM | Registration Office Open | Hy-Vee Hall B (Registration) |
| 8:45 AM | 12:00 PM | Arena Credential Entrance Open - Access Code C | Arena (Credential Entrance) |
| 9:00 AM | 12:00 PM | Rhythmic Sr. Elite Open Training | Wells Fargo Arena |
| 9:00 AM | 12:00 PM | Athlete Wellness Parent & Coach Educational Seminar | Grand Ballroom |
| 12:00 PM | 5:00 PM | Arena Credential Entrance Open - Access Code B | Arena (Credential Entrance) |
| 12:00 PM | 2:40 PM | Rhythmic Junior Sub 1 / Junior Group Warm-up Carpet Open | Wells Fargo Arena |
| 12:30 PM | 1:15 PM | Rhythmic Judges Meeting | Arena Rhythmic Judges Room |
| 1:00 PM | 4:30 PM | Wells Fargo Arena Audience Doors Open | Wells Fargo Arena |
| 1:10 PM | 3:40 PM | Rhythmic Junior Sub 2 Warm-up Carpet Open | Wells Fargo Arena |
| 1:30 PM | 4:30 PM | Rhythmic 1:30 PM - Jr. Group (5 Hoops) 1:40 PM - Jr. Sub 1 All-Around & Event Finals (Rope & Ball) 2:40 PM - Jr. Sub 2 All-Around & Event Finals (Rope & Ball) 3:40 PM - Sr. All-Around Prelims & Event Finals (Hoop & Ball) - 10 athletes | |
| 2:10 PM | 4:30 PM | Rhythmic Senior Group B Warm-up Carpet Open | Wells Fargo Arena |
| 4:15 PM | 9:15 PM | Arena Credential Entrance Open - Access Code A | Arena (Credential Entrance) |
| 4:30 PM | 9:00 PM | Rhythmic Senior Group A Warm-up Carpet Open | Wells Fargo Arena |
| 5:00 PM | 5:45 PM | Rhythmic Judges Meetings | Arena Rhythmic Judges Room |
| 5:15 PM | 8:45 PM | Wells Fargo Arena Audience Doors Open | Wells Fargo Arena |
| 6:00 PM | 8:40 PM | Senior Elite Combined Session Acro Session H - 13-19 & Sr. Elite (Groups - Balance, Pairs - Dynamic) Rhythmic - Sr. Groups (5 Balls) Rhythmic - Sr. AA Prelims and Event Finals (Hoop & Ball) 10 Athletes T&T Session 9 - Sr. Elite DM/TU/TR Prelims | |

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| Friday, July 05, 2019 | | | |
|------------------------------|-----------------|--|--------------------------------|
| 7:30 AM | 5:30 PM | Registration Office Open | Hy-Vee Hall B (Registration) |
| 7:45 AM | 12:15 PM | Ballroom Credential Entrance Open - Access Code O | Ballroom (Credential Entrance) |
| 8:00 AM | 12:00 PM | Rhythmic Audience Doors Open | Grand Ballroom |
| 8:00 AM | 9:45 AM | Level 7 Sub 1 Warm-up Carpet Open | |
| 8:30 AM | 8:45 AM | Rhythmic Judges Meeting | Meeting Room 316 |
| 8:45 AM | 12:15 PM | Arena Credential Entrance Open - Access Code A | Arena (Credential Entrance) |
| 8:45 AM | 10:30 AM | Level 7 Sub 2 Warm-up Carpet Open | |
| 9:00 AM | 12:00 PM | Rhythmic Senior Elite Open Training | Wells Fargo Arena |
| 9:00 AM | 12:00 PM | Level 7 & Level 8 (Floor & Hoop) 9:00am - Level 7 Sub Group 1 9:45am - Level 7 Sub Group 2 10:30am - Level 8 Sub Group 1 11:15am - Level 8 Sub Group 2 | |
| 9:30 AM | 11:15 AM | Level 8 Sub 1 Warm-up Carpet Open | |
| 10:15 AM | 12:00 PM | Level 8 Sub 2 Warm-up Carpet Open | |
| 12:00 PM | 5:00 PM | Arena Credential Entrance Open - Access Code B | Arena (Credential Entrance) |
| 12:00 PM | 2:40 PM | Rhythmic Junior Sub 2 / Junior Group Warm-up Carpet Open | Wells Fargo Arena |
| 12:30 PM | 1:15 PM | Rhythmic Judges Meeting | Arena Rhythmic Judges Room |
| 1:00 PM | 4:30 PM | Wells Fargo Arena Audience Doors Open | Wells Fargo Arena |
| 1:10 PM | 3:40 PM | Rhythmic Junior Sub 1 Warm-up Carpet Open | Wells Fargo Arena |
| 1:30 PM | 4:40 PM | Rhythmic 1:30 PM - Jr. Group (5 Ribbons) 1:40 PM - Jr. Sub 2 All-Around & Event Finals (Clubs & Ribbon) 2:40 PM - Jr. Sub 1 All-Around & Event Finals (Clubs & Ribbon) 3:40 PM - Sr. All-Around Prelims & Event Finals (Clubs & Ribbon) - 10 athletes Rhythmic - Jr. Awards | |
| 2:10 PM | 4:30 PM | Rhythmic Senior Group B Warm-up Carpet Open | Wells Fargo Arena |
| 4:15 PM | 9:15 PM | Arena Credential Entrance Open - Access Code A | Arena (Credential Entrance) |
| 4:30 PM | 9:00 PM | Rhythmic Senior Group A Warm-up Carpet Open | Wells Fargo Arena |
| 5:00 PM | 5:45 PM | Rhythmic Judges Meetings | Arena Rhythmic Judges Room |
| 5:15 PM | 8:45 PM | Wells Fargo Arena Audience Doors Open | Wells Fargo Arena |
| 6:00 PM | 8:45 PM | Senior Elite Combined Session Acro Session K - 13-19 & Sr. Elite (Groups - Dynamic, Pairs - Balance) Rhythmic - Sr. Group (3 Ropes, 2 Balls) Rhythmic - Sr. AA Prelims & Event Finals (Clubs & Ribbon) - 10 athletes T&T Session 12 - Sr. Elite DM/TU/TR Prelim Rhythmic - Event Finals Awards | |

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Subject to Change
Updated 6/28/2019

| Saturday, July 06, 2019 | | | |
|--------------------------------|-----------------|--|-------------------------------------|
| 7:30 AM | 5:30 PM | Registration Office Open | Hy-Vee Hall B (Registration) |
| 7:45 AM | 12:15 PM | Ballroom Credential Entrance Open - Access Code Q | Ballroom (Credential Entrance) |
| 8:00 AM | 12:00 PM | Rhythmic Audience Doors Open | Grand Ballroom |
| 8:00 AM | 9:45 AM | Level 7 Sub 2 Warm-up Carpet Open | |
| 8:30 AM | 8:45 AM | Rhythmic Judges Meeting | Meeting Room 316 |
| 8:45 AM | 10:30 AM | Level 7 Sub 1 Warm-up Carpet Open | |
| 9:00 AM | 12:00 PM | Level 7 & Level 8 (Clubs & Ribbon) 9:00am - Level 7 Sub Group 2 9:45am - Level 7 Sub Group 1 10:30am - Level 8 Sub Group 2 11:15am - Level 8 Sub Group 1 | |
| 9:30 AM | 11:15 AM | Level 8 Sub 2 Warm-up Carpet Open | |
| 9:45 AM | 12:15 PM | Arena Credential Entrance Open - Access Code A | Arena (Credential Entrance) |
| 10:00 AM | 12:00 PM | Rhythmic Elite Group Training | Wells Fargo Arena |
| 10:15 AM | 12:00 PM | Level 8 Sub 1 Warm-up Carpet Open | |
| 10:30 AM | 12:00 PM | Level 8 (Clubs & Ribbon) | |
| 12:00 PM | 4:00 PM | Arena Credential Entrance Open - Access Code B | Arena (Credential Entrance) |
| 12:00 PM | 2:40 PM | Rhythmic Senior Finals Warm-up Carpet Open | Wells Fargo Arena |
| 12:15 PM | 4:30 PM | Hy-Vee Hall Credential Entrance Open - Access Code R | Hy-Vee Hall B (Credential Entrance) |
| 12:15 PM | 12:30 PM | Level 7 & 8 Awards | Meeting Room 303-307 |
| 12:30 PM | 1:15 PM | Rhythmic Judges Meeting | Arena Rhythmic Judges Room |
| 1:00 PM | 4:30 PM | Wells Fargo Arena Audience Doors Open | Wells Fargo Arena |
| 1:10 PM | 3:40 PM | Rhythmic Junior Wch Selection Session Warm-up Carpet Open | Wells Fargo Arena |
| 1:30 PM | 3:40 PM | Rhythmic 1:30 PM - Sr. Group (5 Balls) 1:40 PM - Sr. Elite All Around Finals (Hoop & Ball) 2:40 PM - Jr. World Championship Selection | |
| 4:15 PM | 9:15 PM | Arena Credential Entrance Open - Access Code A | Arena (Credential Entrance) |
| 4:30 PM | 9:00 PM | Rhythmic Senior Warm-up Carpet Open | Wells Fargo Arena |
| 5:00 PM | 5:45 PM | Rhythmic Judges Meetings | Arena Rhythmic Judges Room |
| 5:15 PM | 9:30 PM | Wells Fargo Arena Audience Doors Open | Wells Fargo Arena |
| 6:00 PM | 9:30 PM | Senior Elite Combined Session Acro Session N - 13-19 & Sr. Elite (Combined) Rhythmic - Sr. Group (3 Ropes, 2 Balls) Rhythmic - Sr. Elite AA Finals (Clubs & Ribbon) T&T Session 16 - Sr. Elite TR, TU, DM Finals Awards Ceremony | |
| Sunday, July 07, 2019 | | | |
| 8:00 AM | 11:15 AM | Rhythmic National Team Meeting | Meeting Room 309-310 |